

## **USLA Competition Committee**

The Competition Committee is a standing committee of the United States Lifesaving Association (USLA). It consists of one representative from each region, the USLA Medical Advisor, the Committee Chair and Vice Chair. The latter three are appointed by the USLA President. The committee is charged by USLA Board Resolution VII-B to update and govern the rules of USLA competition, including the National Junior Lifeguard Competition's rules.

USLA Board Resolution VII-G requires the Competition Committee to adhere to the following format to adopt or change rules:

1. A recommended rule change will be submitted by a region or the Competition Committee Chairperson at the Competition Committee meeting during the spring Board of Director's meeting.
2. Rules submitted in the Spring will be voted upon at the Competition Committee meeting during the fall Board of Director's meeting.
3. Rule changes will be effective during the first competition of the following year.

Proposed rule changes and other agenda items must be submitted by a region at least two weeks prior to the National Board of Directors meeting (November and May of each year). Each item is given an issue number on a written description of the issue. Discussion points may be added as they are developed. A proposed rule change must contain the rule number, current language and proposed language. The preferred manor is to use ~~strikeout~~ for deleted text and underline for added text.